

MICHIGAN STATE UNIVERSITY

mental health awareness week

SUNDAY

SCC March Madness Charity Tournament

11am-5pm • IM West • Team sign up on ASMSU's Facebook

MONDAY

MHAW Kickoff Event

9am-1pm • The Rock

Gettin' Crafty Relaxer

7pm-9pm • Lake Superior Room, MSU Union

TUESDAY

Coffee and Coloring

2pm-4pm • Espresso Royale

Jordan Axani "What's Your Big Lie?"

Pop Up Series • 10am-3pm • First Floor, MSU Union

Speaking Event • 5pm-8pm • Lake Huron Room, MSU Union

Greek Life Presents: Imperfection in Perfection

Must RSVP to pcvpleadershipdevelopment@greeklife.msu.edu

WEDNESDAY

Embrace The Rain

7pm-9pm • Erikson KIVA

Laughter is the Cure

7:30pm • Business College Complex

THURSDAY

ASMSU's Day of Happiness

3pm-7pm • Main Library

Movie Screening "It's Real: College Students and Mental Health" and Speaker: Steve Windom

7pm • TBA

FRIDAY

Fitness Event: Sweat Out The Stigma 5K

3pm • Auditorium

THANK YOU TO ALL GROUPS INVOLVED!

ASMSU • MSU Counseling Center • Greek Life • Psi Chi • Spartans Rebuilding Michigan
Student Health Advisory Council • Spartan Body Pride • To Write Love on Her Arms