mental health awareness week

SUNDAY
- SCC March Madness Charity Tournament
  11am-5pm • IM West • Team sign up on ASMSU’s Facebook

MONDAY
- MHAW Kickoff Event
  9am-1pm • The Rock
- Gettin’ Crafty Relaxer
  7pm-9pm • Lake Superior Room, MSU Union

TUESDAY
- Coffee and Coloring
  2pm-4pm • Espresso Royale
- Jordan Axani “What’s Your Big Lie?”
  Pop Up Series • 10am-3pm • First Floor, MSU Union
- Speaking Event • 5pm-8pm • Lake Huron Room, MSU Union
- Greek Life Presents: Imperfection in Perfection
  Must RSVP to pcvpleadeershipdevelopment@greeklife.msu.edu

WEDNESDAY
- Embrace The Rain
  7pm-9pm • Erikson KIVA
- Laughter is the Cure
  7:30pm • Business College Complex

THURSDAY
- ASMSU’s Day of Happiness
  3pm-7pm • Main Library
- Movie Screening “It’s Real: College Students and Mental Health”
  and Speaker: Steve Windom
  7pm • TBA

FRIDAY
- Fitness Event: Sweat Out The Stigma 5K
  3pm • Auditorium

THANK YOU TO ALL GROUPS INVOLVED!
ASMSU • MSU Counseling Center • Greek Life • Psi Chi • Spartans Rebuilding Michigan
Student Health Advisory Council • Spartan Body Pride • To Write Love on Her Arms